

Gluten

STARTERS

GUACAMOLE ... 10

Corn tortilla chips

JAMAICAN JERK WINGS ... 11

Spicy Jerk marinade, creamy peppercorn dressing

BAKED BUFFALO WINGS ... 11

oven baked wings, bleu cheese dressing

SALADS

MEDITERRANEAN SALAD ... 9

romaine, kalamata olives, red onions, Feta cheese, carrots, tomatoes, cucumbers, red peppers, balsamic dressing

BLACKENED CHICKEN SALAD ... 14

romaine, black beans, tomatoes, corn, avocado, Pepperjack & Monterey cheese, tortilla strips, cilantro-lime vinaigrette

CANDIED PECAN & APPLE ... 10

spinach, Granny Smith apples, Bleu cheese, candied pecans, apple cider dressing

WEDGE ... 7

iceberg lettuce, smoked bacon, crumbled bleu cheese, tomatoes, bleu cheese dressing

TO ANY OF OUR SALADS ADD:

chicken 5 shrimp 7 salmon 9 flank 8

This restaurant is not an allergen-free environment.

We make every effort to provide complete and current content information, however we cannot make a guarantee regarding the allergen content of any menu item.

Free

BURGERS & SANDWICHES

All burgers and sandwiches are served on a gluten free bun

BLACK ANGUS BURGER ... 13

Build Your Own, served with veggie slaw

** wild mushroom mix, caramelized onions, Applewood smoked bacon, Swiss, American cheese White Cheddar, Provolone, Bleu, Monterey, Pepper Jack \$1 each **

BACON AND EGG BURGER ... 14.50

bacon, fried egg, veggie slaw

CAJUN CHICKEN ... 14

Cajun dusted chicken breast, Pepper Jack cheese, Cajun mayo, veggie slaw

HOUSE MADE TURKEY BURGER ... 12

whole grain mustard, caramelized onion, veggie slaw

HONEY MUSTARD CHICKEN SANDWICH ... 14

honeycup mustard, Provolone, veggie slaw

ENTRÉES

OVEN ROASTED SALMON ... 18

roasted salmon, asparagus

GARLIC SHRIMP AND BROCCOLI ... 19

gluten free pasta, shrimp, broccoli, white wine, garlic butter

CHICKEN & SAUSAGE PASTA ... 15

gluten free pasta, light basil tomato sauce, Italian sausage, chicken, scampi butter